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NATURHEILPRAXIS

What do you see, if you look back to your lifeline?

What have you caused with so much life, so much events, so many encounters? No, no! I do not mean your possessions, your successes, your children ...I mean, what you have left in the people and situations what you have planted in the collective soul. It requires a lot of courage, really looking, to recognize how was the person, when first met her/him and what was changed, when your paths have separated again.

Yes, yes! That's your plant. Your work. Take that on fully, because your soul only receives what is in its own space. What have you caused? This question is one of the central questions on the way to selfrealisation. It is about DO or HAVE but to BE. Our soul is perpetually in interaction with the world, which it becomes aware of. Whether you like its work or not and whether it can unfold its beauty of pure heart or whether you perceive your work as big disaster, mistake or failure, this perception is in radical honesty a measure of your ability, deal with your fears. Look there, not hold fixed in desired objectives and results of recognitions or disapproval, you have received. Just see your effect in the space of your soul, what you cause for the people who are with you.

Evelin Rosenfeld